

CanCare, Inc. provides one-on-one, emotional support for cancer patients and their families.

Number One 2011

About Life



CANCARE'S 2010 ANNUAL INTERFAITH CLERGY LUNCHEON

CanCare's Annual Clergy Luncheon was held November 3, 2010 at Grace Presbyterian Church and featured Psychologist Sam Buser, Ph.D with a program titled "*Healing and Hope for Clergy.*" The invocation was delivered by The Rev. Dr. Michael Fry, Congregational Pastor, Grace Presbyterian Church and the benediction was given by Liza Kutner, Chair, CanCare Board of Representatives.

Special guest and CanCare client, Debbie Heckeroth, shared her own personal testimony of how CanCare has made a difference in her life. Ms. Heckeroth was diagnosed in 2004 with thyroid cancer and has been working one-on-one with CanCare President and Volunteer, Nancy Tucker, for the past 7 years. There were 68 members of the clergy and guests

in attendance. Special thanks to Bill Hall, Hall Barnum Lucchesi Architects and John Miner, JD Miner Systems for graciously underwriting the event.



Dan Barnum, Bill Hall, Anne McCluan



Wayne Eberly,
Mike Fry,
Tommy Thompson



Liza Kutner,
Tommy Thompson,
Debbie Heckeroth,
Nancy Tucker,
Dr. Sam Buser

MARK YOUR CALENDARS FOR
THE 7TH ANNUAL
YOUNG FRIENDS OF
CANCARE
CRAWFISH BOIL
APRIL 30

AT

BLANCO'S BAR & GRILL



The Young Friends of
CANCARE®
Fighting Cancer With Hope
Crawfish Boil

BECAUSE HOPE MATTERS!

It's a fact! 97% of people were more hopeful about their future! That is what our 2010 clients said as a result of their contact with a CanCare volunteer.

Last year we served almost 11,000 people through our one-on-one support and our one time listening support and information. In addition, our volunteers made over 10,000 hospital visits to cancer patients and their families. We also saw a 15% increase in attendance at our community outreach programs. While we are proud of our accomplishments and we know that these statistics matter, we must remember that behind each of these statistics is a face. With these faces come stories of Hope, dreams and quality of life fully realized in the friendships created by CanCare volunteers and people currently battling the disease.

Here is what else our clients said they experience because of their contact with a CanCare volunteer.

- 93% were better able to handle the fears and questions of their family.
- 93% said the level of their own fears and anxiety had diminished.
- 88% said they were able to ask more relevant questions when

meeting with their doctors.

Impressive! These statistics bring to life the reality of CanCare. They demonstrate what we seek to accomplish, and remind us of our special CanCare volunteers who daily demonstrate God's love and compassion to those with cancer.

Our mission is to *improve the quality of life for cancer patients and their families*. Why do we do this? Because hope matters. Hope is what makes us act. Hope is what makes us strong. Hope is what we have to share with others.



CANCARE WELCOMES OUR NEWEST PARTNER:

Memorial Health System in Colorado Springs

CanCare is proud to introduce a new member hospital! With a mission to provide the highest quality health care and a vision to create an outstanding health system where patients heal and people thrive, Memorial Health System in Colorado Springs is the site of the first CanCare hospital visitation program in Colorado. In December 2010, two trained volunteers began making regular visits to cancer patients receiving treatment and their families; two more will join them this year. Special thanks to CanCare volunteers Dorothy and Ed Abbott and Leslie Bernsen for helping CanCare welcome its first hospital visitation program outside of Texas.

CanCare's Board of Representatives encourages our Member Congregations to:

**Celebrate National
Cancer Survivors Day
in your place
of worship**

June 3 – 5, 2011



Memorial Health System

VOLUNTEER SPOTLIGHT – JON NORMAN

“It was June 2007, and I was on the golf trip of a lifetime in Ireland. On my final day of the trip, I checked emails at the hotel and my ENT doctor had sent the results from testing done before I left. He informed me ‘my world was about to change’ and that I had throat cancer. I thought, ‘This wasn’t me, they must have messed up the test. I’m the guy that had just that day walked 36 holes of golf at Ballybunion Golf Club and was in great shape for 51 years old.’ The next week, I started treatment at M.D. Anderson.”

“Radiation treatment on my head and neck was not fun. I have said this before and I heard Michael Douglas say it last week in an interview with *The Today Show*, ‘I would not wish radiation treatment on my worst enemy.’ But as with most things, you can get through it. Now that I am on this side of treatment, I understand and realize that I am one of the lucky ones on this planet today.”

“When you think things are not going your way and you begin to feel sorry for

yourself, a person learns that they don’t have to look very far at a cancer hospital to find someone who is going through a lot more. Several years ago, I saw an ad in the *Houston Chronicle* about CanCare and thought that this might be a way to “payback or pay forward” my gift of being a cancer survivor. Last year, I was matched with someone who was diagnosed with the same head and neck cancer that I had. We talked several times but never met in

person. Right before Thanksgiving, he called and said they had just found a hot spot, after he had been out of treatment for ten months, and he didn’t have anyone that could drive him to his surgery. I offered and took him to and from the hospital several times. I have come to recognize that my acts of service are what works for me. If I can help someone out with a car ride or bring a smile to them when they are laid up in a hospital bed hooked up to a chemo machine, that has its place here on earth and is what makes me feel spiritual.”

“Currently, I make weekly visits to the Oncology Floor at St. Luke’s Episcopal Hospital. I talk to about 30 people per visit and it takes 1-2 hours depending on how long the patients wish to talk. Every time I leave the hospital, it reminds me how lucky I am. If, for a brief moment, I can make a cancer patient smile, maybe get them to

think that if that guy can make it through treatment then I can also, then I am the one receiving the blessing. As I like to say, “Cancer is not a dead end; it’s

just a bump in the road of life.”

Jon Norman is from Memphis, Tennessee and is the father of two adult daughters. In addition to his passion for golf, he plays lead guitar in *That Country Band*. Jon worked for 32 years as a geologist, with 28 of those years with Hunt Petroleum. He attends St. Luke’s United Methodist Church and looks forward to mission trips each year.



Jon Norman

Matches Made in Heaven

CanCare keeps client information confidential, so the following matches do not include names, but we wanted to share with you some of the amazing work of our volunteers and how special the connections are that we are able to make for those battling cancer.

- A new client called who has been wheelchair bound for two years now, and was recently diagnosed with thyroid cancer. We were able to match her with a volunteer who is a physical therapist with expertise in dealing with patients who use wheelchairs, and who is also a thyroid cancer survivor.
- A nurse navigator who refers patients to CanCare called to find out if we had any breast cancer survivor volunteers who had cosmetic implants, prior to radiation (while keeping the implants)... and after emailing 168 of our volunteers, we found that we do have a volunteer who had cosmetic implants for 30 years before having the exact same treatment as this referral.
- A woman who recently moved to the Cypress area after her husband passed away, started chemo a few days later (stage IV breast to liver cancer) and one of our hospital volunteers is now bringing her to treatments on the same days that she visits patients at North Cypress Medical Center. We were also able to match this client with a survivor of the same diagnosis, so she has two CanCare volunteers caring for her during this difficult time.

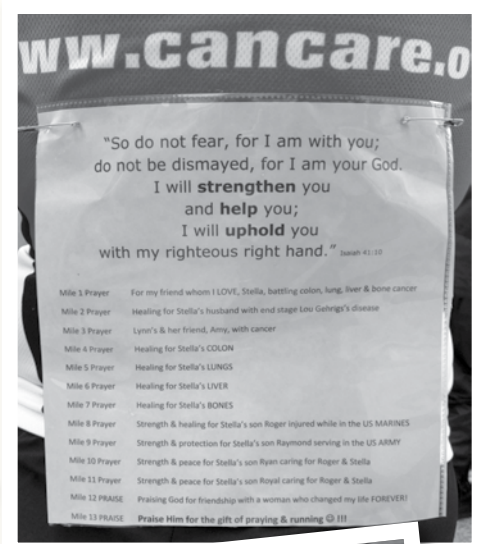
RACE DAY HIGHLIGHTS 2011:

What a race day! More than 40,000 people descended on downtown Houston on January 30, 2011 for the annual Chevron Houston Marathon, Aramco Half Marathon and El Paso 5K races. For CanCare, this marked the 16th year as an official Run for a Reason Charity in the city's biggest race day. Team CanCare had over 300 individuals who helped raise more than \$150,000, which is more than any previous year. We are proud to announce that Team CanCare had over 100 participate in the 5K, 103 in the marathon and 111 in the half marathon.

CanCare thanks our exceptional volunteers who made the day an absolute success, including Pat Hogan-Korge, Nan McCreary and Kerry McKay who spent countless hours preparing for this event, doing everything from recruiting runners to managing a website and newsletter for Team CanCare. We also had 35 volunteers who spent three days stuffing 28,000 race packets for the participants in all three races as a fundraising venture. Christ the Servant Lutheran Church graciously donated their fellowship hall free of charge for the project.

Our appreciation goes out to our new and veteran Team CanCare runners and fundraisers, Fred Korge and Jim

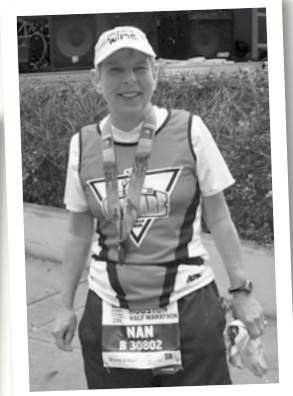
McCreary for supporting their wives and Team CanCare, and our great sponsors: Williams, Boots & Coots, Moore & Associates, Cokinos, Bosien & Young Law Firm and Saint Arnold Brewing Company. A big thanks to the *After Hours Band* for energizing us with rocking tunes that permeated throughout the final stretch of the race course, and Frank Edmondson and Tracey Ferrin for their gifts of photography at the event!



Shauna Curtis, Joni Ogle, Gary Ogle



Amy Tanner, cheering on Rachel Gonzales



Nan McCreary



Edie Adams, Kerry McKay, Laine Jones



Amy Tanner, Pam Blacklock, Jan Tobias, Emily Prus



Team CanCare 5K Group



Doug Reuschel, Damien Garza, Jessica Garza

PAT HOGAN-KORGE NAMED TO THE HOUSTON MARATHON HALL OF FAME

Team CanCare co-founder and leader, Pat Hogan-Korge, has been named to the Houston Marathon Hall of Fame. Each year, the Houston Marathon Committee recognizes individuals who go above and beyond the call of duty to make the Houston Marathon a success.

Kimberly Hall, Sr. Manager, Charitable Programs and EXPO of the Houston Marathon, says “Pat Hogan, as leader of Team CanCare, has been a driving force in raising not just funds, but enthusiasm, for the Houston Marathon’s Run for a Reason program. Her tireless dedication to CanCare, Team CanCare, and the Houston Marathon is truly an inspiration to everyone who knows her.”

Pat and her late husband, Bill Hogan, co-founded Team CanCare in 1996. Since then, every year Team CanCare has been the number one local charity and has raised close to one million dollars for CanCare.



Pat Hogan-Korge

CANCARE BOARD MEMBER SPOTLIGHT:

T. JAY COLLINS

CanCare Board Member, Jay Collins, is one-of-a-kind. A native of Odessa, Texas, Jay and his wife, Maxann, were high school sweethearts from Odessa Permian, the school in the movie, *Friday Night Lights*. He was a football player and Maxann was a cheerleader – just like in the movie.

Jay received both his Bachelor of Arts degree and a Masters of Engineering degree in Chemical Engineering from Rice University in 1969, and his MBA from Harvard Graduate School of Business in 1972. He has continued his affiliation with Rice University as a member of the Rice Board of Trustees and as Chairman of the Council of Overseers of the Jones Graduate School of Business Administration.

Jay now serves as President, Chief Executive Officer, and Director on the Board of Oceaneering International, Inc., a Houston-based, global oilfield provider of engineered services and products primarily to the offshore oil and gas industry, with a focus on deepwater applications. Oceaneering’s involvement with CanCare stems back to 2005, when the company became a member corporation, offering CanCare’s support services as an extended benefit. Today, Oceaneering serves as a role model for other large energy corporations, thanks to Jay Collins.

Jay’s enthusiasm for CanCare and support of its mission are evident through his five years of dedicated service on the Board of Directors. His involvement with CanCare came about through Maxann’s cancer experience. She is a colon cancer survivor and CanCare volunteer. When Maxann was dealing with all of the choices and decisions that come with a cancer diagnosis, Jay was at her side. At the same time, he was running a large corporation and dealing with all of the choices and decisions that come with that experience.

And that’s when it struck Jay and Maxann that they were using the same language – that they were asking the same questions. Questions like, what are our choices, what do we know or not know? Who can do the best job for us? Who do you want around you when the going gets tough?



Jay Collins

Whether you’re managing a business or managing your own survivorship, Jay says the same principles apply: have a positive attitude, a strong support group, anticipate success, believe in what you’re doing, and assemble the right “team” to help you tackle the problem.

Happily married for over forty years, Jay and Maxann feel blessed with two daughters and four grandchildren. Jay enjoys hunting, golfing, international travel, and leisure time with his grandchildren.

Marathon Victory Party
Wednesday, February 23

**CanCare Support Volunteer
Training & Reception**
Weekend of February 25-27 &
March 1

**Young Friends 7th Annual
Crawfish Boil**
Saturday, April 30

**CanCare’s 17th Annual Cancer
Survivors Day Luncheon**
Thursday, June 2

**National Cancer Survivors Day
in Member Congregations**
Weekend of June 3-5

2011

IT'S AN HONOR

CanCare congratulates **Celeste LeGros** on a new adventure in her life as she relocates to the Middle East. In her eight years with CanCare, Celeste served as the Hospital Volunteer Coordinator for Memorial Hermann Southwest Hospital, a member of the Hospital Programs Committee, and helped 17 newly-diagnosed breast cancer clients as a one-on-one volunteer. We thank you for the lives you have touched on behalf of CanCare.

Outstanding CanCare volunteer, **Trixie Job**, celebrated “New Orleans style” in December as she reached the 20-year milestone as a Stage IV breast cancer with liver metastasis survivor!

Congratulations to CanCare board member, **Shelaghmichael Brown**, Senior Executive Vice President, Head of Retail Banking, BBVA Compass, who was named one of the 25 most powerful women in banking in 2010. Mrs. Brown spearheaded the program, “Compass for Your Cause” which has helped more than 1,000 nonprofit organizations raise money by making a donation to the organization each time a supporter opens a new account.

CanCare Welcomes New Staff Member, Bert Davila

CanCare is pleased to welcome Humberto “Bert” Davila to our staff as Administrative Assistant. Bert is currently enrolled at The University of Houston where he is pursuing a Bachelor of Science degree; and brings extensive experience in office administration to the team. Bert has a passion for helping others and is committed to raising cancer awareness in memory of his loving nephew, Mathew. Bert shares, “I am honored to be a part of the CanCare team and look forward to serving our community in this new role.”



SAVE THE DATE

JUNE 2, 2011

CANCARE'S 17TH ANNUAL NATIONAL CANCER SURVIVORS DAY LUNCHEON

SPECIAL GUEST: Ethan Zohn, Hodgkin's Lymphoma Survivor, National Ambassador for “Stand Up 2 Cancer” and 2002 winner of the reality television show “Survivor”



Ethan Zohn

GREAT REASONS TO BECOME A CANCARE VOLUNTEER IN 2011

2011 TRAINING WEEKENDS:

February 25 - 27, 2011

June 10 - 12, 2011

October 14 - 16, 2011

If you have considered becoming a CanCare volunteer, here are some “words of wisdom” on the importance of paying it forward.

Hearing a newly-diagnosed patient say that you have helped ease some of their stress is very rewarding. There is not a better feeling on earth than to know you have helped to take a bit of pain and stress off of a patient that is burdened by a cancer diagnosis.

TERESA TRIPLETT, Support Volunteer and Hospital Volunteer, Stage III lobular breast cancer survivor since 2006

By becoming a CanCare volunteer, you have the opportunity to meet and touch the life of a person that would have ordinarily been a complete stranger to you.

LEONARD DONALDSON, Support Volunteer, Non-Hodgkin's lymphoma survivor since 1992

Being a CanCare volunteer is a great way to pay it forward. When cancer is the problem... you can be part of the solution by becoming a volunteer.

LARRY LATIMER, Support Volunteer and Hospital Volunteer, Tongue cancer survivor since 2003

CanCare Holiday “Open House” Highlights

CanCare's festive Open House was held December 7, 2010. Approximately 150 people attended the event and enjoyed a generous buffet and homemade desserts. “It's a great way to finish the year, and nice to be able to visit with others who share the same passion for CanCare's mission,” said one of CanCare's volunteers. A holiday open house is held annually as a celebration of the holiday season and the past year's accomplishments.



Margaret Schoonover, Pat Weatherspoon-Hall, Garry Schoonover



Kim Akel, Chris Tinsley, Debbie Edmondson, Anne McCluan



Jon Norman, Kim Akel, Craig Butler



Tommy Thompson, Amy Deutsch



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THE MISSION OF CANCARE: *To improve the quality of life for cancer patients and their families.*

PLEASE REMEMBER THESE PEOPLE IN YOUR PRAYERS:

Barbara Bahrt, Nancy Bennett, Family of Sharon Burns, Ruth Davies,
Kay Dingwell, Bob Evans, Charlotte Gorelick, Bill Henriksen, Alex Imlay, Frank
Mohler, Milton Oglesby, Doris Praino, Alan Steiner,
Dianne and James Stewart, Kim Thibodeaux, Maria Tramontin,
Anne Shaw Turnage, Beverly Willis, Family of Pamela Yale

**CANCARE IS NOW ON FACEBOOK AND TWITTER. FOLLOW
US FOR THE LATEST NEWS
AND EVENT PHOTOS.**



We thank ConocoPhillips for their 2011 pledge of printing to CanCare, Inc. This generous donation enables us to share CanCare's message of Hope through this publication, *About Life*. We appreciate the continued support of ConocoPhillips and its employees.

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