



FOR IMMEDIATE RELEASE
November 2007

Contact: Nicole Dixon
Phone: 713.461.0028
nicoled@cancares.org

TIPS FOR HELPING CANCER PATIENTS ENJOY THE HOLIDAYS

Houston, TX... At CanCare, we know the holidays can be difficult for someone facing cancer treatments. If you have someone in your life who is dealing with the challenges of cancer, here are some suggestions to help you and your friend or family member enjoy the holidays.

Talk with cancer patients about their favorite holiday traditions.

Ask them if there's anything special they would like to do.

Be their extended family.

Help with cooking, baking, gift wrapping and decorating.

Offer to take them to a special play or worship service.

Drive them around the neighborhood to see the lights.

If appropriate, arrange for carolers to visit.

Bring friends and family to visit them.

Encourage them about the future; plan for a day next summer.

Make sure they are not alone.

About CanCare, Inc.

CanCare is a nonprofit organization that provides emotional support to cancer patients and their family members from someone who has survived the same type of cancer they are facing. CanCare has over 500 volunteers representing more than 50 different types of cancer, dedicated to the mission of improving the quality of life for cancer survivors and their families by offering Hope and understanding. CanCare was founded in the faith community in 1990, and now partners with more than 100 congregations, corporations and hospitals in the Houston area. All CanCare services are confidential and free of charge.