



FOR IMMEDIATE RELEASE
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Contact: Nicole Dixon
Phone: 713.461.0028
nicoled@cancare.org

CanCare, Inc. Announces Volunteer Opportunities for Cancer Survivors and their Families in The Woodlands

Houston, TX... CanCare, Inc., a Houston-based nonprofit organization that offers emotional support to cancer patients and their families through a network of more than 500 volunteers, has announced volunteer training classes to be held in February 2009 at The Woodlands United Methodist Church. The class is open to people of all faiths, and those who are interested can attend a one-hour information session Wednesday, January 14, 2009 to learn more about becoming a CanCare volunteer. To register for the information session, call 713.461.0028.

To become a CanCare volunteer, you must either be a cancer survivor who has been finished with treatments for at least six months, or have been the caregiver/family member of a cancer survivor. CanCare volunteers act as mentors to patients during their treatment, and work with family members to provide encouragement and Hope. "Sometimes the family members of cancer patients keep their emotions inside to be strong for their loved one facing cancer. Too often we hear things like, 'it's not about me,' and we want them to know that it is about the whole family. When they have someone to talk to rather than keeping everything inside, ultimately it adds to their strength," says Nicole Dixon, CanCare Director of Communications.

CanCare offers an understanding that someone may not get from their immediate support circle. Nancy Tucker, President of CanCare and 19-year thyroid cancer survivor says, "I have been there, and when I tell someone that I know what they are going through, it's not a figure of speech. We are a group of compassionate people who are willing to relive a very hard time in our own lives to help others." Opportunities are also available for volunteers to make hospital visits to cancer patients by volunteering in a number of Houston-area hospitals.

The dates of the training are not publicized because applicants must go through an interview process before attending the training session. Classes are led by medical experts, experienced CanCare volunteers and professional leaders in the community. To fill out an application and for more information about becoming a CanCare support volunteer, please call the CanCare office at 713-461-0028 or visit www.cancare.org.